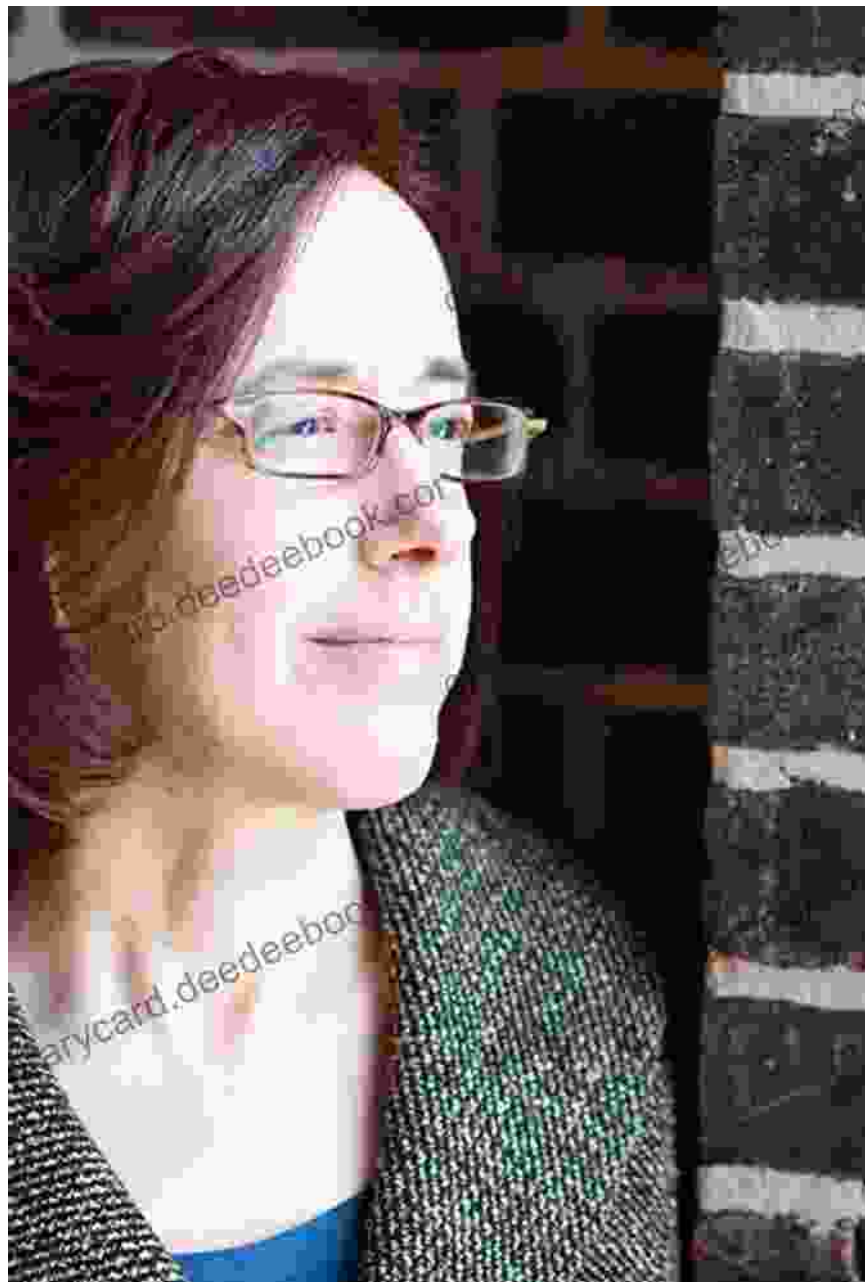


Let Me Fly: Sabra Waldfogel's Soaring Journey from Prison to Peace



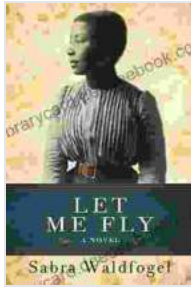
Let Me Fly by Sabra Waldfogel

★★★★☆ 4.5 out of 5

Language : English

File size : 2188 KB

Text-to-Speech : Enabled



Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 440 pages
Lending	: Enabled
Paperback	: 184 pages
Item Weight	: 11.8 ounces
Dimensions	: 6 x 0.42 x 9 inches



In the tapestry of life, where threads of darkness and light intertwine, the story of Sabra Waldfoegel stands as a beacon of hope and redemption. Her journey, marked by the depths of despair and the heights of triumph, has become an inspiration to countless individuals who have struggled with the consequences of drug addiction and the harsh realities of the criminal justice system.

Sabra's life took an unexpected turn in her early twenties when she became entangled in a world of drug abuse and addiction. The allure of illicit substances led her down a path of self-destruction, culminating in a federal drug conspiracy conviction that sentenced her to six and a half years in prison.

Within the confines of the prison walls, darkness enveloped Sabra's existence. The harsh conditions, the loss of freedom, and the stigma of incarceration weighed heavily upon her spirit. Yet, amidst the despair, a flicker of hope began to glimmer within her. It was during her time in prison that Sabra encountered a group of dedicated volunteers from the Quaker community who introduced her to the transformative power of peace and nonviolence.

As Sabra delved deeper into the teachings of peace, a profound shift occurred within her. She began to question the cycle of violence and retribution that had ensnared her and countless others. Through a rigorous process of self-reflection and rehabilitation, Sabra emerged from prison a transformed individual, determined to dedicate her life to advocating for peace and criminal justice reform.

Upon her release, Sabra faced the daunting challenge of reintegrating into society with a criminal record. Undeterred, she enrolled in college, where she earned a degree in social work. Her passion for helping others led her to work with various organizations dedicated to supporting formerly incarcerated individuals and promoting restorative justice.

In 2005, Sabra co-founded the organization "Let Me Fly," which provides holistic support to women who have been impacted by the criminal justice system. Through Let Me Fly, Sabra has dedicated herself to creating a safe and supportive environment where women can heal from the trauma of incarceration, rebuild their lives, and become empowered agents of change in their communities.

Sabra's unwavering commitment to peace and social justice has extended beyond her work with Let Me Fly. She has become a sought-after speaker, sharing her powerful story of redemption and resilience at conferences, universities, and community events across the country. Her message of hope and forgiveness has resonated with audiences from all walks of life, inspiring them to challenge their preconceptions about incarceration and to embrace a more compassionate approach to criminal justice.

In recognition of her extraordinary contributions to society, Sabra has received numerous awards and accolades. In 2015, she was named a "Champion of Change" by the White House. She has also been honored by the International Criminal Justice Association, the American Correctional Association, and the National Council on Crime and Delinquency.

Sabra Waldfogel's journey from prison to peace is a testament to the indomitable human spirit's ability to overcome adversity and to transform darkness into light. Her story serves as a reminder that redemption is possible, even for those who have committed serious offenses. It is a powerful call to action to reform our criminal justice system and to create a more just and compassionate society for all.

As Sabra herself has said, "Let Me Fly" is not just an organization; it is a metaphor for the limitless potential of every human being, regardless of their past mistakes. It is a belief that we all have the capacity to soar above our circumstances and to create a better future for ourselves and for generations to come.

Additional Resources

- [Let Me Fly website](#)
- [TEDx talk by Sabra Waldfogel](#)
- [Let Me Fly: A Story of Redemption \(book by Sabra Waldfogel\)](#)

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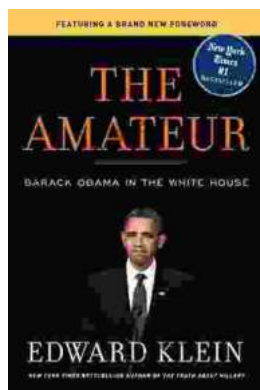
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