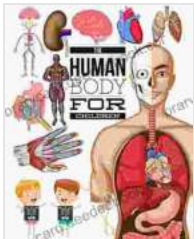


# The Human Body For Children: Explore the Marvels of Your Body

Your body is an amazing machine! It's made up of trillions of tiny cells that work together to keep you alive and healthy. In this article, we'll take a journey through the human body and learn about all the different parts that make it work.

## The Skeletal System

The skeletal system is made up of your bones. Bones are hard and strong, and they protect your organs and give your body shape. You have 206 bones in your body, and they are connected to each other by joints. Joints allow you to move your body and they are also responsible for holding your body upright.



### The Human Body for Children: My first interactive human body for kids ages 4-8, How it works. by Clive Gifford

★★★★☆ 4.6 out of 5

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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 30 pages
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## The Muscular System

The muscular system is made up of your muscles. Muscles are soft and flexible, and they allow you to move your body. You have over 600 muscles in your body, and they are attached to your bones. When you want to move a part of your body, your muscles contract and pull on your bones.

## **The Nervous System**

The nervous system is made up of your brain, spinal cord, and nerves. The brain is the control center of your body, and it sends messages to your spinal cord and nerves. The spinal cord and nerves carry messages from your brain to your muscles and organs. The nervous system also allows you to feel things like pain, temperature, and touch.

## **The Circulatory System**

The circulatory system is made up of your heart, blood vessels, and blood. The heart is a muscle that pumps blood throughout your body. Blood vessels are tubes that carry blood from your heart to your organs and back again. Blood is made up of red blood cells, white blood cells, and platelets. Red blood cells carry oxygen to your organs, white blood cells fight infection, and platelets help to stop bleeding.

## **The Respiratory System**

The respiratory system is made up of your lungs and airways. The lungs are two large organs that are located in your chest. When you breathe in, air enters your lungs through your nose or mouth. The air then travels down your airways to your lungs, where it is exchanged for carbon dioxide. Carbon dioxide is a waste product that is produced by your body. When you breathe out, the carbon dioxide is expelled from your lungs through your nose or mouth.

## **The Digestive System**

The digestive system is made up of your mouth, esophagus, stomach, small intestine, large intestine, and rectum. When you eat, food enters your mouth and is chewed by your teeth. The food is then swallowed and travels down your esophagus to your stomach. The stomach is a muscular organ that breaks down food into smaller pieces. The food then travels to the small intestine, where it is absorbed into your bloodstream. The large intestine absorbs water from the food and the rectum stores waste products until they are eliminated from the body.

## **The Urinary System**

The urinary system is made up of your kidneys, ureters, bladder, and urethra. The kidneys are two bean-shaped organs that are located in your abdomen. The kidneys filter waste products from your blood and produce urine. Urine is then transported from the kidneys to the bladder through the ureters. The bladder stores urine until it is released through the urethra.

## **The Endocrine System**

The endocrine system is made up of your glands and hormones. Glands are organs that produce and secrete hormones. Hormones are chemical messengers that travel through your bloodstream and control various body functions. The endocrine system regulates many things, including growth, metabolism, and reproduction.

## **The Immune System**

The immune system is made up of your white blood cells and antibodies. White blood cells are cells that fight infection. Antibodies are proteins that

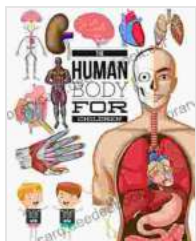
help to destroy bacteria and viruses. The immune system protects your body from disease.

The human body is an amazing machine! It is made up of many different parts that work together to keep you alive and healthy. By learning about the different parts of your body, you can better appreciate how it works and how to take care of it.

## Activity

Here is a fun activity that you can do to learn more about the human body:

1. Draw a picture of a person.
2. Label the different parts of the body.
3. Write a short description of each part of the body.



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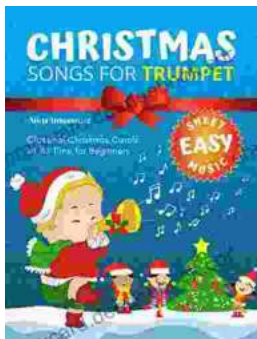
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