

The Man You Always Wanted Is the One You Already Have: Rediscovering the Value of Your Current Partner

THE ETYMOLOGY AND SYMBOLISM
of 50 Flowers

Rose
Rosa
Rose stems from French, translating to "pink."
(Love, passion)

Sunflower
Helianthus
Named after its tendency to turn to face the sun. *Helianthus* comes from Greek *helios* "sun" and *anthos* "flower."
(Loyalty, adoration, longevity)

Gerbera Daisy
Gerbera jamesonii
Named after Franziska Gerber, the German botanist who helped discover them.
(Impassioned cheerfulness, joy)

Lily
Lilium
Derived from Latin *lilio*, which may have come from a corrupted pronunciation of a word from an extinct Western Mediterranean language.
(Purity, devotion, restored innocence, the church)

Orchid
Orchis
From the Greek *orkhis* meaning "testicle," because of the shape of some orchids' spots.
(Fertility, elegance, luxury)

Hydrangea
Hydrangea macrophylla
From Greek *hydra* "water" and *ganos* "ornament," after the shape of its large, pointed leaves.
(Endurance, honesty, cheerfulness)

Tulip
Tulipa
From French *tulipe*, tracing back to the Persian word *dalband* "ribbon," after the shape of the bloom.
(True love, hope, royalty)

Daisy
Bellis perennis
Old English *degea wege* "day's eye," because it opens in the morning and closes at night.
(Simplicity, purity, innocence, new beginnings)

Carnation
Dianthus caryophyllus
Some scholars believe it comes from "pompion," as it was one of the flowers used for Greek ceremonial crowns.
(Love, admiration, good fortune)

Snapdragon
Antirrhinum
Resembles the face of a dragon that opens and closes its mouth when touched.
(Powerful attractiveness)

African Violet
Saintpaulia
Named after its native habitat and true violet hue. The genus named honors Baron Walter von Saint Paul Illow, the first man to collect the seeds and help popularize them during the Victorian era.
(Sincere wisdom, faithfulness, joy)

Anemone/Windflower
Anemone
From the Greek *anemone* "daughter of the wind." The Anemone was the wind god's lover.
(Protection against evil, or all wishes)
Red: Death or broken love

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In the tapestry of our lives, relationships are threads that weave moments of joy, love, and fulfillment. Yet, as time goes by, the vibrancy of these

threads can sometimes fade, leaving us questioning the strength and worthiness of the bonds we share. We may start longing for a mythical someone who possesses every quality we desire, an idealized version of a partner who meets our every need and expectation.



The Man You Always Wanted Is the One You Already

Have by Paula Friedrichsen

★★★★☆ 4.5 out of 5

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However, the true treasure often lies not in the pursuit of a perfect stranger, but in the rediscovery of the man we already have. The man who has been by our side through thick and thin, the one who has witnessed our growth and embraced our flaws. The one who may not fit into a conventional mold but holds a unique and irreplaceable place in our hearts.

Unveiling the Hidden Qualities

Like a diamond in the rough, our current partners may possess hidden qualities that we have overlooked amidst the trials and tribulations of everyday life. The key is to shift our perspective and seek out these gems, appreciating the strengths and virtues that make them extraordinary.

- **Kindness:** Beyond outward gestures, observe how your partner treats others, from strangers to loved ones. True kindness stems from a genuine desire to make a positive impact on the world, and it is a precious quality that should not be underestimated.
- **Empathy:** The ability to understand and share in your emotions is an invaluable trait. A partner who is empathetic not only offers comfort and support but also deepens your connection on an emotional level.
- **Reliability:** When life throws you curveballs, a reliable partner is a steady presence you can count on. They fulfill their commitments, provide stability, and give you a sense of security that is essential for a healthy relationship.
- **Sense of humor:** Laughter is a powerful bond between partners. A man who can make you smile and bring joy into your life is a keeper. Humor can lighten the mood, reduce stress, and create a shared language that enriches your relationship.
- **Growth mindset:** A partner who is willing to learn, grow, and evolve is a valuable asset. They are open to feedback, embrace challenges, and strive to become a better version of themselves, both individually and as a partner.

Rekindling the Spark

Once you have rediscovered the wonderful qualities of your current partner, it is time to rekindle the spark that may have dimmed over time. Here are some tips to ignite the flames of passion:

- **Plan quality time together:** Make an effort to schedule regular date nights or weekend getaways, where you can focus solely on each

other and create new memories.

- **Communication is key:** Open and honest communication is crucial for any relationship. Share your thoughts, feelings, and desires with your partner, and encourage them to do the same.
- **Physical touch:** Physical affection is a powerful way to express love and connection. Engage in regular hugs, kisses, and cuddles to strengthen your bond.
- **Show appreciation:** Express your gratitude for your partner's efforts, both big and small. Let them know how much you value their presence in your life.
- **Seek professional help:** If you are struggling to rekindle the spark on your own, consider seeking professional couples counseling. A therapist can provide an objective perspective and guide you towards healthier communication and relationship dynamics.

Embracing Imperfection

It is important to remember that no partner is perfect, and that includes the man you already have. Everyone has flaws, quirks, and weaknesses. The key is to accept and embrace these imperfections, recognizing that they are part of what makes your partner unique. Instead of dwelling on shortcomings, focus on the positive qualities that make them special.

By appreciating the man you already have, you not only strengthen your current relationship but also open yourself up to a deeper and more fulfilling love. The grass may seem greener on the other side, but it is often the familiar and unassuming meadow that holds the most precious treasures.

The man you always wanted is not a distant dream, but a reality that exists right within your reach. By rediscovering the hidden qualities of your current partner, rekindling the spark, and embracing imperfection, you can transform your relationship into a vibrant and fulfilling connection that will endure the test of time. Remember, the greatest treasures are often those that are right before our eyes, waiting to be cherished and appreciated.

As the poet Rumi said, "What you seek is seeking you."



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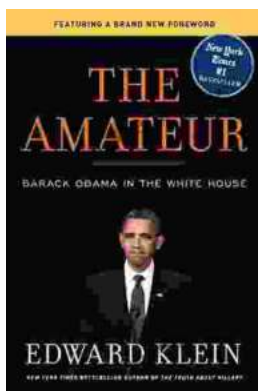
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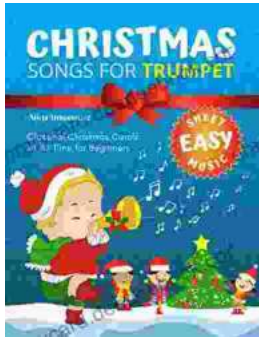
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